

Discussion and Consent for Bleaching

Patient's Name _____

Date of Birth _____

George Phillips, D.M.D.
T. Gregory Phillips, D.D.S.

I am being provided this information and consent form so I may better understand the treatment provided to me. Before beginning, I want to be provided with enough information, in a way I can understand, to make a well-informed and confident decision regarding my proposed treatment.

I understand that **I may ask any questions I wish**, and that it's better to ask them before treatment begins than to wonder about it after treatment has started.

Nature of Bleaching Agent

Carbamide Peroxide is a combination of Urea and Hydrogen Peroxide. Hydrogen Peroxide (the active ingredient) has been used for over 50 years as an antiseptic in the mouth and since about 1989 has been used extensively to whiten teeth.

Benefits and Risks

The benefit is that the teeth of most patients can be whitened in a fairly simple and rapid manner. Self-directed, constant use of bleaching material for extended periods of time is not advised. It is important to follow our directions. We will choose the material most appropriate for you and set down specific instructions for its use.

The degree of whitening varies with each individual. The average person achieves noticeable bleaching within two weeks. Depending on the type of Carbamide Peroxide formulation used and the condition of your teeth this period can be shortened considerably.

A number of manufacturers have submitted data to the FDA, which has vouched for the safety of Carbamide Peroxide products. Hundreds of thousands of people in the United States have undergone this treatment with no untoward effects.

Long-term studies are still being conducted and the literature suggests that this material used under the direction of a dentist is safe. There is no definitive long-term research available at the present time. If there is a risk, and it is unknown when you accept treatment, it means the acceptance of risk.

A small proportion of people report minor and transient sensitivity. This usually manifests in heightened sensitivity of the teeth to heat or cold, soreness of the teeth, minor burning sensation of the gums or throat, or changes in the bite from use of the mouth tray. Symptoms usually subside within a short time of discontinuing treatment. If you should experience any of these symptoms, notify us immediately and follow our instructions.

Be sure that you notify us of any recent tooth restorations, cavities or temporary fillings that we may not be aware of. This may affect the timing of your treatment. If you are pregnant or anticipate being so, notify us. Effects of bleaching to pregnancy have not been determined and therefore treatment will be postponed.

I HAVE REVIEWED THE ABOVE CONSENT FORM, OR HAD IT EXPLAINED TO ME. I AM AWARE OF THE BENEFITS AND RISKS OF THE PROCEDURE AND HAVE BEEN GIVEN THE CHANCE TO ASK QUESTIONS. I HEREBY CONSENT TO THIS TREATMENT.